

# Medical History – Confidential

Name \_\_\_\_\_ Date of birth \_\_\_ / \_\_\_ / \_\_\_ Gender M F Date \_\_\_ / \_\_\_ / \_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Age \_\_\_\_\_  
Home Phone/ Cell Phone \_\_\_\_\_ Occupation \_\_\_\_\_  
Email \_\_\_\_\_

**Personal Health History:** Please circle Y or N if you have or had any of the following: Y=Yes N=No

High Blood Pressure	Y	N	Diabetes	Y	N	High Cholesterol	Y	N	Cancer	Y	N
Thyroid Disease	Y	N	Arthritis	Y	N	Heart Disease	Y	N	Stroke	Y	N
Kidney Disease	Y	N	Seizures	Y	N	Liver Disease	Y	N	Cataracts	Y	N
Lazy Eye/Eye Turn	Y	N	Glaucoma	Y	N	Eye Injury	Y	N	Eye Surgery	Y	N
Macular Degeneration	Y	N	Retinal Disease or Detachments	Y	N						

List all medications you are currently taking including over the counters and vitamins \_\_\_\_\_

Do you have any allergies, including medications? Y N If yes, please explain \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_

For women, are you pregnant? Y N Are you nursing? Y N

Do you wear glasses? Y N If yes, how old are your glasses? \_\_\_\_\_

Do you wear contact lenses? Y N If yes, what type (Disposables, Extended Wear, Rigid Gas Permeable)?

**Family Health History:** Please circle Y or N if a blood relative has or had any of the following. Please indicate which family member: M=Mother F=Father S=Sibling G=Grandparent A=Aunt/Uncle

High Blood Pressure	Y	N	Diabetes	Y	N	Cancer	Y	N	Arthritis	Y	N
Heart Disease	Y	N	Cataracts	Y	N	Glaucoma	Y	N	Blindness	Y	N
Macular Degeneration	Y	N	Retinal Disease or Detachments	Y	N						

**Review of Systems:** Please circle Y or N if you have or had any problems in the following areas

**Eyes:** Redness Y N Blurred Vision Y N Tearing Y N Glare/Halos Y N Itchy Eyes Y N  
Dry Eyes Y N Flashes/Floaters Y N Burning Y N Discharge Y N Eye Strain Y N  
Chronic Infections Y N Light Sensitivity Y N

**Ears, Nose, Throat:**

Sinusitis Y N

Dry Mouth Y N

Ear Ache Y N

**Skin:**

Eczema Y N

Roseacea Y N

Psoriasis Y N

**Neurological:**

Migraines Y N

Epilepsy Y N

Multiple Sclerosis Y N

**Cardiovascular:**

Chest Pains Y N

Blood Clots Y N

Vascular Disease Y N

**Immunological:**

Lupus Y N

Rheumatoid Y N

Arthritis

**Psychiatric:**

Depression Y N

Bi-polar Y N

Schizophrenia Y N

**Hematologic/Lymphatic**

Anemia Y N

Leukemia Y N

Bleeding Disorder Y N

**Muscular/Skeletal**

Joint Pain Y N

Fibromyalgia Y N

Muscle Pain Y N

**Respiratory:**

Asthma Y N

Emphysema Y N

Bronchitis Y N

**Gastrointestinal:**

Crohn's Disease Y N

Ulcer Y N

Digestive Y N

**General Health:**

Weight Loss/Gain Y N

Chronic Fever Y N

Fatigue Y N

**Genitourinary:**

HIV Y N

UTI Y N

STD Y N

**Social History**

Do you participate in sports and/or have any hobbies? Y N If yes, which ones? \_\_\_\_\_

How many hours are you on the computer? \_\_\_\_\_

Do you smoke? Y N If so, how much? \_\_\_\_\_ Do you consume alcohol? Y N If so, how much? \_\_\_\_\_

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I acknowledge that I have received a copy of Smart Optical's Notice of Privacy Practices.

Patient's/Legal Guardian's Signature \_\_\_\_\_